

Curriculum Vitae

PERSONAL

Name

Georgia Alcott

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123 Anywhere Avenue
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RESUME OBJECTIVE

Attentive lifeguard with confirmed success in supervising pools or water parks and providing competent emergency assistance. Responsive and reactive with good physical endurance and reflexes. Well-trained to follow emergency procedures and give consistent, clear directions to patrons.

WORK EXPERIENCE

Mar 2022 - Present

Lifeguard

ABC Water Park, Tulsa, OK

- Perform lifesaving procedures including CPS during incidents until paramedics arrive on scene.
- Monitor the safety of over 500 guests in and around swimming pools.
- Share tips with patrons on strength training and swimming techniques.

Jul 2020 - May 2022

Lifeguard

XYZ Parks and Pools, Tulsa, OK

- Immediately entered the water to bring struggling swimmers to safety.
- Prevented falls into and near the pool by calmly reminding patrons to be cautious around the edges.
- Attentively watched over swimming while being quick to identify anyone in distress.

EDUCATION AND QUALIFICATIONS

2022

Associate of Arts in Physical Education

University of Tulsa, Tulsa, OK

SKILLS

CPR and First Aid	● ● ● ● ● ●
Individual and Group Instruction	● ● ● ● ● ●
Lifeguard Operations	● ● ● ● ● ●
Observational Skills	● ● ● ● ● ●
Parks and Recreation Policies	● ● ● ● ● ●
Pool Operations	● ● ● ● ● ●
Public Safety	● ● ● ● ● ●
Swim Instruction	● ● ● ● ● ●