# **HERB BROOKS**

#### **PERSONAL**

Name

Herb Brooks

**Address** 

999 Gwynn Drive 92111 San Diego, California

Phone number

555-123-4567

Email

example@cvmaker.com

## **SKILLS**

Team Building	••••
Physical Fitness	••••
Advanced Football Theory	••••
Multitasking	••••
Mentorship	••••
Motivation	••••

Passionate and detail-oriented high school football coach seeking to join my alma mater at El Camino High School. 20+ years of high school and college football coaching experience, primarily focusing on defensive coaching and coordination, special teams, and game management. Exceptionally skilled at physical fitness education, evaluating and motivating student-athletes to successfully meet challenges on and off the field, focus on academic achievements, and work together to accomplish team goals.

#### WORK EXPERIENCE

#### **Assistant Head Football Coach**

Aug 2014 - Present

Lincoln Prep High School, San Diego, California

Currently serving as the assistant head football coach of the Varsity Football team at Lincoln Prep High School. Assists Head Varsity coach with player evaluations while teaching physical education and advanced weight training courses during school hours. Key achievements and responsibilities include:

- Three-time CIF Division II champion as assistant head coach of the Varsity football team (2017, 2018, 2021)
- Maintained a 3.12-grade point average for all active football players on the Junior Varsity squad (9 consecutive years).
- Created and managed spring, summer, and fall football practice schedules Varsity, JV, and Freshman football squads.
- Taught Physical Education One & Two, Advanced Weight Training, and Introduction to Weight Training for football students.

# **Defensive Football Coordinator**

Jun 2001 - Jun 2014

Oceanside High School, Oceanside, California

Served as Defensive Coordinator for Oceanside High School Football Pirates. Key responsibilities and accomplishments included:

- Managing a 6-member defensive coaching staff as coordinator of the Varsity football team and 40 student athletes.
- Created rigorous spring and summer football training camp program designed to prepare student-athletes for the fall football season.
- Taught Introduction to Weight Training and Advanced Weight Training during fall, winter, spring, and summer semesters.
- Established post-practice study hall for student-athletes to ensure they completed homework assignments and to help them exceed the 2.5 minimum GPA average required to complete.

# **EDUCATION**

Bachelor's Degree - Physical Education

Sep 1996 - May 2000

San Diego State University, San Diego, California

**High School Diploma** 

Sep 1992 - Jun 1996

El Camino High School, Oceanside, California

## REFERENCES

Frank Jones
On Request

Lincoln Prep High School

**Tony Seau** 

Oceanside High

On Request

School