

JULIA LIN

PERSONAL

Name

Julia Lin

Address

23456 Briar Street, Leadwood
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Phone number

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Email

example.resumes@cvmaker.com

PROFESSIONAL LICENCE & REGISTRATION

- CNA License – Kansas Registered on the Kansas Nurse Aide Registry

Dedicated and compassionate caregiver with 10+ years of experience caring for elderly and disabled patients. Live in and patient visits providing focused, dedicated care to between 1 and 4 patients. Valid driver's license and clean driving record. Patient care and well-being include healthcare, meal preparation, light housekeeping, medicine administration, wound dressing, and driving needs. Registered and licensed CNA with advanced first aid, CPR and intermediate life support certifications.

WORK EXPERIENCE

Caregiver & CNA

Mar 2016 - Present

Cascade Health Services, North Kansas City

- Home care for between 2 and 4 patients on a rotational basis
- Assessing daily needs and effecting care plan
- Assisting with bathing, clothing and personal hygiene needs
- Daily wound cleaning and dressing as required
- Assessing vital signs as required
- Administering and pre-packing daily medication
- Meal preparation and feeding, if necessary
- Tending to all healthcare needs as they arise
- Assisting patients with prescribed and daily exercise routines
- Engaging with patients to maintain mental alertness
- Supporting patients and caring for their emotional needs
- Accompanying patients to recreational activities
- Overseeing daily schedules regarding doctor appointments
- Driving patients to and from medical appointments
- Supporting patients in their daily activities
- Assisting patients with disabilities
- Turning patients throughout the day
- Helping patients into wheelchairs
- Guiding patients using walking devices
- Light housekeeping, packing clean linen and cleaning
- Observing all home regulations
- Ensuring safety practices are in place and adhered to

Caregiver

Jun 2014 - Dec 2016

The Carter family, Shawnee

- Live-in home care for an elderly patient female with Alzheimer's and chronic heart disease
- Seeing to all her daily and healthcare needs
- Providing emotional support and encouragement
- Bathing, dressing and taking care of personal hygiene
- Meal preparation according to medical eating plan and feeding
- Administering daily medication per schedule
- Checking vital signs and reporting any fluctuations
- Arranging and keeping doctors' appointments
- Collecting prescription medication
- Administering and pre-packing daily medication
- Cleaning and dressing wounds
- Repositioning her frequently during the day to avoid pressure sores
- Turning her during the night to prevent bedsores
- Gentle massage to encourage healthy blood circulation
- Actively engaging with her to ensure and assess mental alertness
- Going on short daily walks with her in the garden for stimulation

Achievement

- *Despite eventually becoming completely bedridden, my patient never developed pressure or bedsores*
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EDUCATION AND QUALIFICATIONS

CNA Refresher Course US Nanny Association, Shawnee	May 2018 - Aug 2018
Certified Nursing Assistant (CNA) Kansas College of Nursing, Shawnee	Jan 2014 - Jun 2014
Certified Nursing Aide Training Program International Red Cross, Leadwood	Jun 2013 - Sep 2013

SKILLS

Active listening	● ● ● ● ●
Advanced first aid	● ● ● ● ●
Assisted living	● ● ● ● ●
Care plans	● ● ● ● ●
Communication	● ● ● ● ●
Compassion	● ● ● ● ●
Dedication	● ● ● ● ●
Environmental safety	● ● ● ● ●
Food safety	● ● ● ● ●
Intermediate life support	● ● ● ● ●
Meal planning and prep	● ● ● ● ●
Patience	● ● ● ● ●
Problem-solving	● ● ● ● ●

REFERENCES

Toni Garcia (855) 900 0000 toni@sample.com	Cascade Health Services
Al Carter (913) 910 0000 alcarter@sample.com	Carter family